

NHHS Track & Field



State Championship Itinerary 2018
Thursday, May 17th and Friday, May 18th
@ NC A&T University

Thursday, May 17th

4:15 pm- Leave from NHHS Track

6:30 pm- Dinner @ Noodles and Company
403 Daniels St.
Raleigh, NC 27605

8:30 pm- Check into Hotel
Country Inn & Suites, High Point
10151 N. Main St.
Archdale, NC 27263

9:00 pm- Shakeout Run/ Stretch

10:30 pm- Lights-out

Friday, May 18th

7:00 am- Breakfast at Hotel

7:45 am- Leave for NC A&T University

8:45 am- Coaches Meeting

9:00 am- Athletes Meeting

10:00 am- Prelims in 100/110 H, 100 Dash Followed by 4x800 Relay

1:00 pm- Finals & Rolling Schedule

TBD- Dinner & Return Time