



New Hanover



### Outdoor Track & Field/ XC Records

Girls Records			Event	Boys Records		
Name	Record	Year		Name	Record	Year
Ashley McCoy	11.80	2009	100 Dash	Jermaine Jones	10.70	2009
Ashley McCoy	25.74	2009	200 Dash	Jermaine Jones	21.80	2009
Paige White	57.94	2008	400 Dash	Jacen Murphy	49.78	2013
Shelby Howell	2:11.99	2012	800 Run	Jackson Denton	1:54.40	2015
Shelby Howell	5:03.95	2012	1600 Run	James Bache	4:23.21	1993
Shelby Howell	10:54	2011	3200 Run	Barton Strawn	9:34	2006
Shelby Howell	18:13	2011	Cross Country 5k	James Bache	15:45	1992
Amy Lee	15.39	2015	100/110 Hurdles	Tray Brown	14:48	2009
Amy Lee	47.71	2015	300 Hurdles	Jackson Denton	39.83	2014
Ashley McCoy	17'10"	2009	Long Jump	Jermaine Jones	22'.5"	2009
Autumn James	38'6.5"	2016	Triple Jump	Jaylen Washington	45'1.25"	2014
Alysha Grady	5'4"	2010	High Jump	Jermaine Jones	6'7"	2009
Britney Pate	8'6"	2004	Pole Vault	Zach St. Pierre	11'0	2018
Sydney Bens	37'01	2005	Shot Put	Alge Crumpler	57'8.5"	1996
Sydney Bens	100'10"	2005	Discus	Alge Crumpler	176'1"	1996
James, James, Preston, Woodward	50.38	2014	400M Relay	Relay Team	43.03	2003
Brown, Hodges, Locke, McCoy	1:43.24	2008	800 M Relay	Relay Team	1:28.04	2003
Harrison, Sumpter, Howell, McCoy	4:02.02	2009	1600M Relay	Denton, Burgess, Barnes, Lisle	3:29.45	2014
Rice, Trecco, Cornwell, Atento	10:09.82	2018	3200 M Relay	Lisle, Kunz, Markovich, Parker	8:02.65	2016